

Annual Report & Accounts

REACH LEARNING DISABILITY
2018/19



Supporting people with learning disabilities
in Nottinghamshire

Who We Are

What we do

Reach aims to enable people with learning disabilities in Nottinghamshire to achieve a better quality of life in their community. Our services include courses and social activities that are run from our four day centres: Reach Mansfield, Reach Newark, Reach Southwell and Flower Pod (based just outside of Southwell).

The charity started life as Southwell Care Project in 1999, set up by family carers worried about the lack of local support and services for people with learning disabilities. Now in our 20th year, we are finally about to fulfil our founding trustees' aspiration to build quality accommodation for people with learning disabilities in Southwell.

Our day services offer an exciting range of courses, socials and supported volunteering. We also offer outreach courses, twice yearly holidays and support for family carers. Our best practice projects see staff working closely with clients, families and partner organisations to find new ways to enable people with learning disabilities to participate more fully in society.

Our domiciliary care agency, Reach Learning Disability Care CIC Limited, provides very high-quality one-to-one care support for people with learning disabilities in the community.

Vision

A community where people with learning disabilities can make a good future for themselves – a safe, healthy and happy life filled with purpose, achievement, opportunity and friendship.

Mission

We work to achieve an enduring and positive impact by supporting all those who place their trust in us – people with learning disabilities, their families and carers. To accomplish this, we will bring together the support of extraordinary people in our community and the imagination, skills, commitment and compassion of our team.

We believe that:

- Everything we do should inspire **trust** and **confidence**
- We all need to feel **safe**, encouraged and valued
- Everyone has the right to **aspire**
- Understanding **individual needs** takes time and care
- We all have the right to share in the **life of the community**
- The **voices** of people with learning disabilities AND their families must be heard
- Our commitment to **high standards** must underpin all that we do.



How we achieve this

- Providing day service, courses, social activities and holidays
- Creating opportunities for clients to become active citizens including through volunteering
- Providing one-to-one domiciliary care support through our Reach Learning Disability Care CIC
- Preparing clients for transition to their next life-stage
- Progressing our long-held aim to deliver accommodation solutions.



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Chair's Report



My wife Stella and I have been caring for our son Robert now for 49 years following the brain injury he sustained at birth. He's a lovely, gentle, caring man who loves life generally, not least the friends and social life he enjoys with Reach.

David Thompson
Council of Management Chair

Once again, through the hard work and great creativity of our staff we have managed to develop our services and client base even further. In so doing, and despite the ongoing economic restraints, we have still managed to create a small financial surplus. We do hope that the adult social care sector can see the realisation of the promised improvement in funding, so that we can look forward with confidence to improving the lives of many more people with a learning disability.

I have alluded many times in the past to the high standards we set ourselves and to our determination not to see these undermined by the financial stresses we face. It is with considerable pleasure, therefore, that I can report that Reach Care, our domiciliary care service, has been rated as Outstanding by the Care Quality Commission (CQC) in only its second assessment by them. This is what we strive for throughout the organisation, at all levels and in all activities and I congratulate the management and staff of Reach Care on this important demonstration of our values.

Another piece of really good news is that we have been given a piece of land in Southwell on which we have planning permission to develop supported living accommodation for 12 adults with learning disabilities. The initial designs were based on extensions to an existing bungalow but these are being reworked to provide more modern facilities with minimal environmental impact and very low ongoing energy and

maintenance costs. Given that the charity was set up 20 years ago with the main aim of providing such accommodation, we are obviously thrilled that such a dream may now be coming true. There still is the question of raising the money to pay for our new building and a major campaign to achieve this will start shortly.

It is often the case that the role of trustees is not reported upon. They give their time freely to provide good governance to the charity as well as to provide support and encouragement to clients, parents and staff alike. Three trustees have retired this year: Ann Best, a founder trustee, Daphne Hughes and Adam McQuilkin and we thank them for their sterling service. At the same time we have been joined by Adrian Hartley and Bob Gardner as we continue to position the board to meet the needs of the future.

As ever, I would like to thank both staff and volunteers for their unrivalled dedication and support.

Chief Executive's Report



As we reach the significant milestone of 20 years of service, it is good to reflect on the development of our organisation over that time. Since 1999, we have built a broad and varied range of high quality activity including day services, holidays, domiciliary care and social enterprise. We have continued our exponential growth despite a most challenging backdrop of economic austerity in the social care sector. We will come together with our community to celebrate our landmark anniversary with a special service at the Southwell Minster in December 2019.

Steve Shatwell
Chief Executive

It is fitting that, in this special year, our accommodation project has started in earnest, having been the original strategic objective of the charity. We have recently received freehold title of a property within Southwell and the real work of designing the homes and sourcing the funds to build them, now begins.

In December 2018, Reach Care received external recognition of their high-quality domiciliary care service when they were rated 'Outstanding' following a Care Quality Commission inspection. In the same month, the company was awarded 'SME Employer of the Year (England)' by a national training Company in recognition of their dynamic approach to training, enterprise, innovation and creativity in the improvement of skills development.

We negotiated a lease on our first catering enterprise in Newark (Reach Café launched in May 2019) and we look forward to growing this new business whilst providing volunteering opportunities for clients to further develop their classroom-based cookery skills.

Towards the end of this financial year, our Fundraising team had two major successes securing substantial funding from the National Lottery Community Fund and the Samworth Foundation Young Voices Programme for 5 and 3 years respectively. The Lottery funding will develop our volunteer capability (including client volunteers). The Samworth funding will support our work to reduce exploitation of people with learning disabilities, using peer mentors to engage with a wide audience.

Going forward we will need to work hard to support those deemed to have mild or moderate needs and for whom no statutory funding is available. This group is still very much at risk of abuse and exploitation and in clear need of some support. We are determined that people who have so much to offer society should have access to the opportunities to contribute and to be heard.

In these turbulent political times, we very much hope that the importance of a stable and properly resourced social care system is still recognised. To this end, we must be prepared to make our voice heard, as an organisation, speaking out when the opportunity arises.

Whilst it is true that Reach has shown strong growth and diversification over the past 20 years, we have always sought to develop sustainability in all that we do. We know that our service will be needed for many more decades and we will require a firm foundation and a strong balance sheet to underpin all our work. I believe that we are well equipped for the next 20 years, and beyond, with a great team of staff and volunteers to see us through. Combined with the solid community support from which we have always benefitted, I believe the future is bright.

Financial Review

The Charity's principal funding continues to come through its charitable activities. Our personal budget income has been secured and strengthened by our day services' accreditation with Nottinghamshire County Council, together with our maintained contract with their adult learning service (Inspire).

£48,000 of project funding has enabled us to improve the way we measure the difference we make to people with learning disabilities and improve our infrastructure to achieve even greater social impact in the future. This has contributed to the charity's total income of £882,000, a growth of £125,000 (16%).

Our CQC outstanding rated domiciliary care business, Reach Care, delivered a turnover of £1,254,000, an increase of 8% on last year. This has resulted in an increased donation payable to the charity of £69,500.

The combination of these has again resulted in growth this year increasing our total income to £2,136,000, 12% more than last year.

Through operational and strategic planning and robust management of our resources, we have been able to achieve a small surplus of £1,089, whilst still investing in our people and infrastructure across Reach Care and our four day centres.

Plans are in place for this to be sustainable into the next financial year and beyond, on the back of additional funding already secured from the National Lottery Community Fund and the Samworth Foundation.



People with Learning Disabilities in Nottinghamshire

The number of adults in Nottinghamshire with a learning disability is expected to increase from 15,227 in 2017 to 16,660 in 2035. The greatest increase in prevalence will occur within the 65+ age groups (*Nottinghamshire Joint Strategic Needs Assessment: Learning Disabilities 2019*).

The reality is that many people will face difficult lives. The 2018 Institute of Health Equity report 'A Fair, Supportive Society' drew together recent research and reports to illustrate the very real risk of poor quality of life experienced by too many people with learning disabilities:

"People with learning disabilities are more likely than the general population to experience some of the worst of what society has to offer – low incomes, no work, poor housing, social isolation and loneliness, bullying and abuse. Quite simply, this is a sign of a society failing to be fair and supportive to its most vulnerable members".
Professor Sir Michael Marmot, Director of the UCL Institute of Health Equity – foreword to 'A Fair, Supportive Society'.

National statistics around risk of poor health and loneliness are reflected in the experiences that people with learning disabilities and their families tell us about. Experiences such as rarely leaving the house, sadness at not having friends, experiences of harassment and exploitation, and struggling to get support for worsening emotional and physical health.

As is true nationally, many of our clients live at home with parents in their seventies and eighties and face great uncertainty about the future. We know many families who are at crisis point, worried about what will happen once parents can no longer provide a home and support. It is not uncommon for people with learning disabilities to lose their family, home, friends and social networks in one go.

We are determined to continue to develop our services to enable more people with learning disabilities to achieve a better quality of life in their community.



Jenna on the Reach holiday

Highlights of the Year 2018/19

Mansfield 5k & 10k

Another successful year with runners and supporters lining the streets of Mansfield for the 5k and 10k race, raising money for Reach.



Viking Challenge

Redmile Primary School hosted their annual Viking Challenge off-road cycle ride and generously donated £12,000 to Reach from money raised.



Lions Sponsored Swim

Kirsty, Emma and Lorraine took part in the Southwell Lions Sponsored Swim and raised £145 between them.

Santa Run

120 Santas turned out to run, walk and jog the 2k course which wound its way around the beautiful Sconce Park.



Reach Newark Move

Reach Newark has settled in well and are enjoying their new surroundings at Hawtonville Community Centre.

Andy Swain

Andy completed 30 loops of Southwell, riding 752 miles in 63 hours and raised over £6,380 for Reach.



Co-op Local Community Fund

Through the year, caring Co-op shoppers chose to support our Flower Pod outdoor activities, with a cheque for over £14,000 being presented in November.

Reach Care is Outstanding

The Care Quality Commission awarded Reach Care a rating of Outstanding in December. They were also awarded Employer of the Year by Aspiration Training.



Mansfield Town Football Club

We leapt at the chance to get involved in Mansfield Town FC's 'Football for All' initiative, with clients enjoying attending matches.

Christmas Round Up

Some of the happenings in a busy December included Flower Pod workshops and wreath-selling, our Big Give Christmas Challenge matched funding campaign, Newark's Christmas Fair, Mansfield's Auction, joyous carol singing in Southwell Library, and Flower Pod's 'Quirky Quiz'.



Co-op Foundation- Building Connections Fund - Community Spaces

Early in 2019 young people told us how they thought our centres could serve them in the future, enabling them to tackle loneliness and have their voice heard.

Accommodation

We took over the freehold title of Springfield Bungalow in December 2018.



Southwell Golf Club

Southwell Golf Club spent the year raising money for Flower Pod through open days, dinners and various other events. Their fundraising efforts amounted to a generous donation of £3,260.



Health Kick

In the spring, a new grant from the National Lottery Community Fund's Awards for All saw 11 Mansfield clients finding out how to stay healthier through our Health Kick project.

Follow us on Social Media to keep up to date with our work



@ReachLearningDisability @flowerpodsouthwell @ReachLDCare @reachcafealderton



reach_learning_disability flowerpod_official



@reach_ld @FlowerPodReach

71 Clients enjoyed our Reach Holidays



155 Regular Volunteers

Courses delivered across centres each week

55

9 Outreach Venues

28,800 Volunteer hours pa

“We thought the knowledge and skills you (Sam, the tutor) brought with you were fantastic and look forward to working with you over the coming weeks”.

Gedling Day Service

600 volunteer hours per week

215 weekly service users



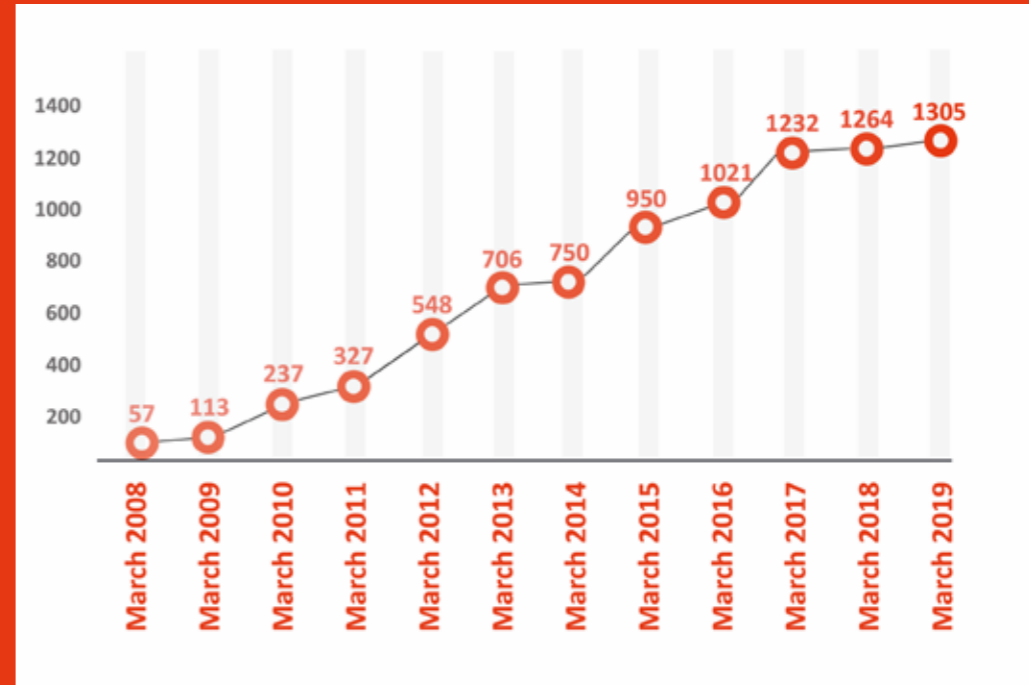
160 learners on Outreach courses

20 courses addressing healthy lifestyle issues

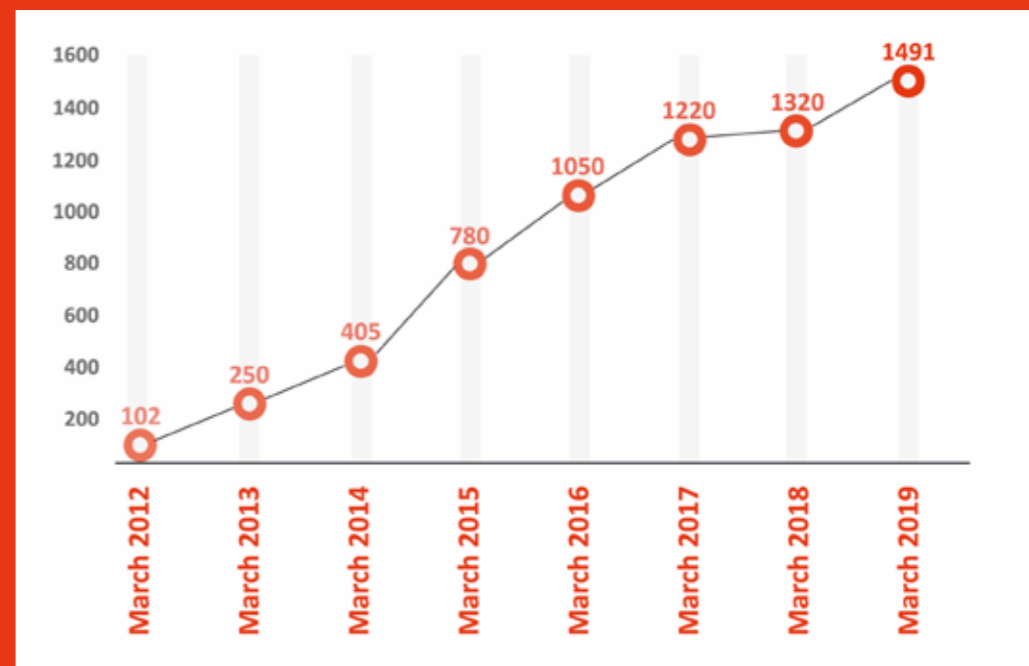


140 Corporate Social Responsibility volunteers at Flower Pod

Reach Learning Disability Day Service Hours



Reach Learning Disability Care CIC Care Support Hours



Fundraising Review

The fundraising year was largely positive with plans to diversify income and improve sustainability beginning to show a return. New regular donors, new legacy work and success in securing medium and large grants all feature on our 'achievements list'.

Challenges during the year included the necessity of investing in new systems to comply with the new Fundraising Regulations and GDPR. Whilst we always grasp opportunities to improve compliance and our communications, inevitably staff resources were diverted away from fundraising and bid writing. However, we 'caught up' later in the year with significant successes in terms of grants, community and events fundraising.

Reviewing the return on investment of fundraising activity continued to be a priority. After many years of running our Reach Off Road cycle event, we reluctantly decided that 2018 would be its final year. We sincerely thank all volunteers, sponsors, schools and community groups that have supported the event so well since its early days as Tonya's Challenge. During the year we began to implement new plans to maximise opportunities arising from new relationships with companies and community groups.

On the grants front, continued support from local trusts such as the Thomas Farr Charity and the Jones 1963 Charitable Trust helped us to continue our work and plan for the future. We also attracted 'new funds' from further afield including the Impact Management Programme (see page 21).



Fundraising highlights included:

- ▶ 50 marshals helped with participation in the 2018 Viking Challenge cycle event. £12,000 raised
- ▶ Pinders Opticians raised £3,761 throughout 2018 culminating in a magnificent Fashion Show
- ▶ 3 male voice choirs helped raise £1,437 at their Southwell Minster concert, with the support of Southwell Rotary Club
- ▶ Andy Swain's phenomenal bike ride inspired all of us with his 100% commitment
- ▶ 2 major new grants secured that will bring benefit into the 2020s, including a 5 year National Lottery Community Fund grant to develop volunteering and a 3 year grant from the Samworth Foundation's Young Voices programme for an innovative peer mentoring project
- ▶ Our Big Give Christmas Challenge campaign raised £40,000 for our work

to promote healthier lifestyle choices thanks to one charity champion (Candis Magazine), 12 pledgers and 91 donors. Hundreds of Lions also got involved in our work to reduce the risk of diabetes (see pages 26 - 27)

- ▶ New partnership with YMCA Nottinghamshire
- ▶ Our first ever legacy brochure was produced with the help of Actons Solicitors (see page 15).

We are eternally grateful to all our supporters who enthusiastically donate, buy tickets, help at events, sponsor events and people, don Santa Suits, bake cakes, marshal, or collect for us in all weathers. This includes the many Reach staff who give up their free time to help fundraise.

Fundraising Plan 2019 - 2023

We will continue to develop stable, diverse and increasing income streams to cover annual operational costs, fund our major capital build accommodation project and support innovation and new developments.

This will comprise raising funds to support delivery of day service, outreach and best practice projects, recruitment of new clients, volunteer development, managing for impact, administration and general operations, income generation, communication, relationship building and stewardship, and capacity building.

Our fundraising programme will aim to generate revenue from grants, events, community fundraising, a major capital campaign and from a growing individual supporter base. We will work with colleagues in Reach's social enterprises to identify opportunities for sustainability and to engage their customers in the work of the whole charity.

We have defined five outcomes to accomplish through implementation of our Fundraising Plan:

Outcome 1

Diversification of revenue sources that reduce reliance on any single source of revenue

Outcome 2

Maximising return on investment of time and resources

Outcome 3

Increasing unrestricted revenues

Outcome 4

Developing capacity to generate revenue in the future

Outcome 5

Increasing engagement and income from major donors.

Priorities for the next year include:

- ▶ Ensuring we have the requisite skills and capacity in place to achieve diversification of income streams including digital fundraising and improved stewardship
- ▶ Submission of high quality applications to achieve £1m target for our capital project. To include developing and supporting our Major Donor Fundraising Committee
- ▶ Maximising opportunities created by our social enterprises to engage a wider group of individuals, corporates and community group supporters in our fundraising
- ▶ Enabling more individual supporters to fundraise for us by offering multiple ways to support online and 'offline'
- ▶ Building on preparatory work already done to help build reserves including promotion of benefits of regular giving and legacies
- ▶ Maximising cost per pound raised ratio with better analysis of return on investment
- ▶ Increasing awareness of Reach and its mission in Nottinghamshire and at national level.

Julia Sandhu, Fundraising Director

Volunteer Stories

Christine

Client facing volunteer

I volunteer at Reach as I believe that the charity is invaluable to the lives of the people it supports. I offer my time to support clients in a sewing activity at Reach Newark and I hope by doing so it means the client can achieve as much as they can from what they are doing. As a volunteer it is special to see the confidence and development of a person improve by just having someone to talk to, have a laugh with and receive individual support. It helps build up friendships and stop isolation. You receive a great sense of satisfaction in knowing that by volunteering you make a difference.

I have been volunteering for many years and have made many friends. I also help with other volunteers to raise awareness in the community of what a great charity Reach is and come up with ideas of how to raise much needed funds.



Jamie

Client volunteer at Reach Newark

I help in Pottery, Dance and Allotment Group, I help clients follow the tutor. I like to stay behind and help clear down and set up for the next day, Romany (project assistant) has to tell me to go home. Volunteering makes me feel good, it makes me happy when I see the clients happy and I feel good giving up my time. Without us 'this' (Reach) would not happen, the tutors would struggle without us. It gives me confidence with everything. I like Fridays in Pottery, it makes my Friday a Friday. Every time I see one of the clients he says to me 'I feel fantastic' and it makes my day.

Kirsty

Client volunteer at Reach Newark

I help in Pottery, Creative Communication and Sewing. I also help my mum and the Friends of Reach with their fundraising. I help support clients in classes, working one-to-one with them, with things like threading needles. I enjoy volunteering because I like helping others. Volunteering makes me feel proud and has given me confidence, which lots of people have recognised.



Jamie and Kirsty at the Flower Pod open day

Partner Story

Actons Solicitors

Our working relationship with Reach is very much about mutual respect and exchange of skills. The Reach team works hard to understand our CSR objectives and responds creatively. For our part, working with Reach has enabled our people to gain insight into the needs and concerns of people with learning disabilities and their families.

We first became aware of Reach when director Nicky Calthrop-Owen shared the news of her volunteering experiences at Flower Pod and Reach Newark. Inspired by Nicky's energy and enthusiasm, we planned a corporate volunteering day in October 2018, helping out at Flower Pod. It was a real success and our team returned to the office feeling like they had really given something back to the local community, and learnt some new skills! We enjoyed it so much that we are hoping to organise another for later this year. We're also looking forward to Christmas wreath workshops in December.

At Actons, we work closely with several local charities, providing advice to their clients and service users on a range of personal legal issues, including wills, trusts and estate planning. We know that fears about future finances are a big concern for families, so it seemed a good fit for us to get involved in helping Reach shape their gift and legacy programme. As part of that project, our Wills, Trusts and Probate team run free workshops for family carers at Reach Southwell, raising awareness of making Wills, Lasting Powers of Attorney and Trusts. In the spirit of reciprocity, some of our team recently attended one of Reach's excellent autism awareness training days. This training,



and our volunteering, has helped us to think as a team and individuals about how to make our communications and environment more accessible.

We're looking forward to a long, productive relationship with Reach. There's lots coming up including a sponsored walk, more volunteering, new workshops for family carers, a legacy workshop for the public and more training for our staff.

We're absolutely delighted to be working with the team at Reach on so many exciting and very worthwhile projects. Once we'd all heard from Nicky about the amazing work they do, we were really keen to see it first-hand and help them do even more.

Working alongside the team at Reach is great - they have a real energy and enjoyment for what they do in improving the lives of people with learning disabilities and their families, and I look forward to helping our relationship go from strength to strength.

Matt Coleman, Marketing & Business Development Manager at Actons, and a member of Actons CSR committee.




Actons volunteering at Flower Pod

Centre Focus


A day in the life of Reach Newark

Here at Reach Newark, every day brings something new. Over 100 clients visit the centre across the week and we have a broad timetable of activities; there is something for everyone. Monday is one of our busiest days; many clients look forward to seeing friends after the weekend and there is always some excitement going on. It can seem noisy at times with people coming and going, but we love it. Here's a taster of a day in the life of busy, fun, Reach Newark...

Chantelle Welsher, Newark Manager

 Centre Manager arrives and opens centre. Weekly shop delivered from online supermarket. Staff start arriving




 Staff set up rooms for activities, prepare resources

Centre Manager meeting with client to swap activity choices


Weekly staff meeting - updates on new staff and clients



 Adventure Group go to Nottingham on the bus to visit the City Centre Beach

Cooking group made Salmon with Cous Cous and Pak Choi


Singing Group starts - 41 clients, plus 14 support workers attend

 Centre Manager has a meeting with a service provider that supports people with learning disabilities to learn more about what Reach do

60 clients plus support workers take a break together

Finished cooking and cleared down


Classes resume. Singing Group perform and local councillor attends to watch performance

 Morning session ends. Some clients go home, 21 stay to eat lunch together

Centre Manager conducts coaching session with member of staff developing strategies for attending to personal care




41 Clients & 14 support workers attend Singing

 Art Group starts - 10 clients plus 2 support staff attend

Creative Crafts starts. 14 clients plus support staff attend



 Craft and Art class join for break time

Centre Manager attends planning meeting with Reach Care Manager regarding client forum

Art Group resumes

Craft Group resumes




Centre Manager meets with Chief Exec about expansion and capacity at the centre

 Clients in Art and Crafts go home

Centre Manager attends review meeting at client's house

Adventure Group return to centre and then head home



 Centre used for a client's party

Centre Manager returns from meeting and writes up notes

Staff conduct risk assessment and preparing protocol for new client with epilepsy

 Staff go home

42 clients attend afternoon sessions



Reach Newark took part in a five week canoeing course

Centre Focus

Reach Mansfield

In addition to our day service, exciting new projects over the last year have included Football for All and Health Kick.

A grant from The National Lottery Community Fund Awards for All enabled us to run our year-long Health Kick project to promote healthier life styles. Clients enjoyed trying out different activities, from yoga to boccia to classes on healthy eating. The project attracted interest from the local community which included a visit from Ben Bradley MP.

We have worked with Mansfield Football Club on the Football for All project to encourage wider access to football games. The club donated free tickets so that clients and staff from all Reach Centres have been able to attend football matches, and they have loved it! We are launching a Meet and Greet station at the club to welcome those who feel vulnerable, where some of our clients will be volunteering. This project has also raised awareness of Reach as a charity throughout the area.

Two long-serving staff have left to develop their careers but we have appointed two new Project Co-ordinators to the team. One of these was our first apprentice, which has been a huge success and we would welcome more apprentices in the future. We continue to be extremely grateful for the generous support from our volunteers.

We are looking forward to new clients joining us at Reach Mansfield over the next year.

Zelma Hutchinson, Mansfield Manager



Visit to Creswell Crags



Centre Focus

Reach Southwell

We have continued to develop our wide range of activities at Reach Southwell and are fortunate to have strong support from volunteers and the community including our local Rotarians and Lions.

Regular activities include our two Women's Groups, Men's Cooking, Food and Fitness, Singing, Boccia, Massage and Reflexology and Art. New activities introduced this year include courses in Self-Esteem and Managing Relationships with Peers. A grant from the Santander Foundation has helped fund new one-to-one and group work to support those transitioning to more independent living.

The Media Fun group write, create and perform their own productions around different topics. They recently performed at a residential care home for adults with learning disabilities, where they received fantastic feedback, giving them a real buzz and boost to their confidence.

11 women now attend our two Women's groups with some attending twice a week. It is lovely to see the women growing in confidence and developing life skills. They choose and plan the activities themselves,

including cooking, going to the cinema, shopping and walking. A new Relationship course has enabled them to explore friendships and to learn about each others' personal space.

Looking ahead, we are working with LNER's Customer and Community Improvement Fund, enabling clients to learn about and experience train travel, with trips to York and London being planned.

Linking with the new accommodation project, we will be delivering an Independent Living course, to enable the clients to develop skills including managing laundry, handling money and personal hygiene, to enable them to live more independently.

Beverley Rayner, Southwell Manager



Dale playing Boccia



Women's Group out and about

Centre Focus

Flower Pod

We have made fantastic progress over the last year, both in terms of numbers of clients and the quality of their experience at Flower Pod. Although Flower Pod is a social enterprise, and generates income from the sale of flowers and other products, our focus is using the garden primarily to benefit our clients. It helps people in so many ways, from personal development and social skills, to the mental and physical health benefits of fresh air and exercise.

Our growth has been supported by the recruitment of 3 new full-time staff members – Tracey Thurlow as Client Services Lead, Tina Aram as Customer Service Co-ordinator, and Sam Ward as Horticultural Lead. Tracey has been pro-active in helping us gain new clients through improved relationships with local special educational needs schools and colleges. She has also worked tirelessly to improve the experience of clients at Flower Pod, finding ways to offer more choice and empowerment, and involving clients in all aspects of Flower Pod life, including our tours and talks.

Tina Aram is an award-winning florist and has enabled us to develop our wreath and flower arranging workshops and create

a range of gift products. Sam's passion and training is in the therapeutic value of horticulture, so he is fully involved in helping our clients learn new gardening skills.

With this support team in place we have the resources to be client-led and responsive, giving clients a voice and a choice of activities over five days – each day has its own ambience so people who benefit from attending on a quieter day can join us. We continue to benefit from our good relationship with Nottingham Trent University's Brackenhurst Campus, where Flower Pod is based. The university has been particularly supportive of our contract with Southwell Racecourse, for whom we supply summer hanging baskets and planters. We don't have capacity to produce the quantity needed but additional plants are grown by the University's horticulture students and donated to us. Clients have meaningful involvement in this project; learning from the students, planting-up baskets, working on site and meeting racecourse staff. They feel enormously proud.

Numbers of corporate social volunteers and individual volunteers have increased too, working on all sorts of projects from creating beds and planting a remembrance White Garden, to putting up marquees for the Deerstock Festival. Nottinghamshire Fire Services came to volunteer and cleaned the outside of the polytunnel. They organised for an engine to visit, clients got to use the hose - we had great fun!

"Our vision for the future is to create a visually stunning and stimulating space where our many different stakeholders have a sense of pride, ownership and participation and where our clients can gain experience at volunteering and improving their employability skills".

Jane Hufon, Flower Pod Manager



Shaping Services and Strategies – hearing and responding to the voice of people with learning disabilities

During the past year we have continued our exploration of how to communicate the difference that our services make and to ensure the voice of the people who use our services can meaningfully influence future direction.

An Impact Management Programme grant saw centre staff working collaboratively to address this issue. We trialled new tools to capture individual progress towards personalised and group learning goals. We identified key themes around which to shape our strategy going forward and to more closely link impact data and strategic development in the future. The project led to new insight into people's experiences of our services. For example, clients on a Mansfield 'Out and About' course fed back that they wanted more support to do things independently in the community. Another tutor identified through feedback from learners that the significant progress made in the first few weeks of a course was 'plateauing' at mid-point. Course activities were then tailored to help maintain progression.

Client Forums – Each service nominates representatives who provide feedback gathered from other users. Representatives are offered training and support. Centre Managers ensure feedback is presented to Trustees and Senior Managers to inform strategic decision making. During 2019/20 we aim to strengthen the forums, striving to capture information that can genuinely inform operational and strategic decisions. At a recent Flower Pod forum, clients fed back that they enjoyed learning more

floristry skills and having the opportunity to get involved in community life such as an Open Day at Fountaindale School and at the Christmas market in Southwell. Another example of how we've acted on feedback from client forums was Newark Community First Aiders delivered a first aid course to Flower Pod clients.

At Reach Newark's client forum, clients expressed an interest in courses such as first aid, health and beauty, childcare, knitting, more outdoor activities, more musicals, woodworking, bee keeping, animals and bugs, writing, food hygiene, costume design and creation, badminton, gaming, reflexology and massage. Our Centre Manager is working with staff and tutors to include some of these fantastic ideas into our 2019/20 programme of activities and courses.

"Beverley asked me to be a client representative. My job is to get feedback from the clients about what to do in lessons and go to meetings. I ask clients questions like whether they've enjoyed the term and what they have enjoyed learning about in lessons."

Helen, client rep at Reach Southwell

"I think the Client Forum is very good and I would recommend it as a way of communication. It can help to make changes and I can make suggestions at the forum. I like being a class rep but I do need help from Flower Pod staff to help me ask the questions sometimes."

Emma, client rep at Flower Pod



Reach Learning Disability Care CIC

Three Awards!

It has been an exciting year at our domiciliary care service, with our achievements recognised by three awards – an Outstanding CQC inspection, the Aspiration Small Employer of the Year Award, and a Celebration for Service Improvement through Workforce Development award from Nottinghamshire County Council.

We are particularly proud to have received an Outstanding CQC rating as only 2% of Adult Social Care organisations achieve this. Nobody enjoys inspections, but we worked very hard as a team to prepare for the inspection and supported the inspector on the day. We were delighted to be ranked as Outstanding for our Responsiveness and Leadership.

We were also honoured to be recognised as Small Employer of the Year by our training provider, Aspiration Training. These awards reflect the passion and commitment of all our care staff to provide a truly caring service.

The Award from Nottinghamshire County Council recognises the work we have done on End of Life Care with our Reach Care service users. We now have new Service User Agreements bespoke to each individual, which discuss end of life wishes, together with a Celebration of Life document.

We have achieved so much over the last year – here are just a few of the highlights:

New Base for Reach Care

In April 2019 Reach Care moved to Hawtonville Community Centre, alongside Reach Newark, which enables us to work together more closely with both them,

and with the Newark Community Learning Disability team.

Reach Out Stop Exploitation Project (ROSE)

I am proud to be managing this project which will entail a cross-charity approach to addressing the risk of sexual exploitation faced by people with learning disabilities. Reach is one of six charities to be funded through the Samworth Foundation's Young Voices programme and we look forward to working with colleagues around the country as the programme develops. The project will enable us to train 20 clients as peer mentors to work with schools and health authorities to empower people with learning disabilities to understand safety within relationships and online.

Southwell Supported Living Arrangement

In February 2019 we established a new supported living arrangement in Southwell to meet the changing needs of three of our service users, who now rent a house together and live independently with Reach Care support on hand.

Social care remains a difficult area in terms of both funding and recruitment of staff. We continue to recruit staff who are truly motivated to support people to live the fullest life they can. Our focus is on finding staff with the right attitude, who we can develop and train to become excellent support workers. With 1,500 care vacancies in Nottinghamshire in any one day, this continues to challenge us.

We now have 66 staff providing support to 48 service users in either their own homes, supported living or with their family, and look forward to growing this over the coming year.

Dani Noquet, Registered Care Manager



Reach Care Client

"Life is a lot better now"

"I was living with my mum and dad, but it wasn't always easy – being a daughter and a carer. I had support once a week from another agency, and they got me moved into my own flat.

"I wasn't really happy there and didn't see it as home. There was drug dealing and I felt unsafe. Social services arranged support from Reach Care, and they noticed that I was feeling isolated, lonely and fed up with the smell of drugs and anti-social behaviour. They were very supportive of my feelings and gave me advice.

"Michelle helped me apply for and look round a new flat, and I moved in July 2019. Life is a lot better now. I am now more independent – I do my own washing and keep the flat tidy. I have made friends at the Reach Day Centre and at home, and am not isolated anymore. I really appreciate and thank Reach Care for all that they have done for me in just under 2 years".

Lucy

"Lucy is able, strong minded and knows what she wants. Every day was a bit of a challenge, as we tried to gain her trust. At one point, we thought we needed a new provider, but I didn't want to give up on her, so I said to give it one more try. We got a small team together, and worked in small steps towards bathing, cooking, meal times, one thing at a time. I remember the day Lucy had a bath – we were all high fiving each other!

"It has been difficult for Lucy, as she lost her dad in January, but since moving she's just blossomed. She meets up with her friends for meals and the cinema, goes to the Singing

Group in Southwell by bus – she did none of that before. She also attends the Reach Day Centre and has been asked by the manager to volunteer there too."

Michelle, Lucy's Support Worker.



"This (Lucy's progress) would not have been possible without the support she received from Reach"

"Lucy did not want support. She did not want people to show her how to do things. She thought she was happy with how things were. Then she met Reach!

"Lucy has transformed into a confident lady who lives in her own flat, makes her own decisions, chooses how to live and really enjoys her life. This would not have been possible without the very positive, enabling support she has received from Reach workers.

"Lucy has lost weight, is clean and tidy, has lots of friends and has the confidence to go out into the community and make more friends.

"This didn't happen overnight but with a consistent approach from her support workers, workers who never gave up even on difficult days or when Lucy didn't want to be supported. It is this dedication which shows in the transformation of Lucy. Enabling someone to achieve their potential is a fantastic feeling.

"Changing someone's life is amazing. Reach have done this with Lucy".
Suzanne, Lucy's Social Worker.





Jade's Story

Jade began using Reach Care and day services including Flower Pod in 2015. Jade faced many barriers to a good quality of life. She is non-verbal by choice and over time had developed strategies to get her needs met. Some of her non-verbal communication strategies and associated fixed routines, were negatively affecting her ability to interact with others. Jade required one-to-one support to ensure her safety at Flower Pod and in the community.

We took time to develop an understanding of Jade's complex needs. By working closely with Jade, her family and colleagues within and outside of Reach we began to shape personalised support approaches to reduce anxiety. Gradually Jade began to progress towards increased participation in activities and, ultimately, greater independence.

In September 2018 Jade began to attend Flower Pod with a reduced level of support – a significant milestone for her.



Potting on Seedlings

A priority was to support Jade to communicate more effectively in ways that were comfortable to her. Clearly, pressuring Jade to speak would be detrimental to her

self-esteem. We took our lead from Jade, responding to needs that she herself had identified – giving her ownership, control and 'buy in' thereby optimising success and boosting self-esteem.

Jade greatly enjoys using the Widget Symwriter software that we introduced to her. Her enjoyment of using the symbols in her communication has been fundamental to her progression. With the support of staff, Jade produced a communication book to remind her about the structure of her day and provides visual prompts for routine tasks like putting lunch in the fridge. The book supports Jade's time-keeping and is also a discreet, effective way of promoting good hygiene practice.



Jade using Symwriter Software

Jade's dad has purchased similar communication software to use at home, helping to embed consistent approaches. He reports that Jade is more willing to help with household tasks and take on responsibility for her own self-development.

Throughout, staff have supported Jade to feel safe and gradually grow more confident in participating in activities with her peers. We actively encourage Jade to express her opinions, thoughts and feelings as an adult. She always has the time she needs to process information and express herself independently. This reduces risk of misinterpretation and any ensuing frustration or distress.

Jade's new sense of empowerment and autonomy has led to her being noticeably more interested in diverse activities. She has

recently participated in a first-aid course, photography, sewing, felt-making, visited the outdoor gym, and enjoyed drumming with a group of corporate volunteers. A particular favourite for Jade is to walk Kipper the Flower Pod dog. She is much more willing to work as part of a group, share tools and resources and develop new friendships.

Jade has represented Flower Pod in the community, receiving a cheque from donors. Most recently, she has become the Wednesday Group's representative at our



Hayden's Story

"I came to Reach Mansfield when I left college. When I first got to Reach I felt confident because I got to meet new friends. The staff were nice and welcoming and made me feel included in the activities I wanted to do. I come to Fitness and Nutrition and Out and About on Friday, as well as computers and dancing on a Tuesday. I like to go out into the community and chat to new people. Reach staff have helped me not be distracted whilst I'm out in the community, to ensure that I remain safe. Whilst coming to Reach, I particularly enjoy going bowling. This has become a hobby of mine that I do outside of Reach. My family even bought me a bowling ball for Christmas one year.

"Reach Mansfield have regularly put on concerts at the nearby college. I have really enjoyed taking part in these and we practice our performance during Dance class."

Hayden

Since coming Hayden has become a lot more sociable and asks more questions of staff and other clients. During out and about sessions, Hayden has worked with staff to

Client Forum – a wonderful achievement!

We will continue to adapt to Jade's needs as they change. Her story proves that getting support right and enabling people to feel safe creates a platform from which to explore new options and truly grow and develop.

Flower Pod Team

increase his confidence talking to others. Hayden regularly interacts with people in the local community. Hayden is very eager to learn things and his enthusiasm for reading to the group is amazing. Hayden gets actively involved in classes and helps other members of the group who are struggling to read. Hayden will also actively help any clients who are struggling with spelling and maths, something that he takes great delight in. Hayden has greatly improved in his ability to understand other people's emotions, allowing him to be more involved in the group.

Reach Mansfield Team



"When I first got to Reach I felt confident because I got to meet new friends. The staff were nice and welcoming and made me feel included in the activities I wanted to do".



Laura's Diary

Hello, I'm Laura. I've been coming to Reach for about 11 years. Last year my Dad was District Governor of the Lions East region. I asked the Lions to help raise money for Reach so that people with learning disabilities know how exercise and eating healthy food can help stop you getting things like diabetes. I kept a diary to show them about Reach. I thought other people might like to see my diary too.

June:

I loved going to Gunton in Lowestoft for the Reach summer holiday. I did new activities like cross-bow and shooting, walking by the sea and dancing with my friends at the disco each night.

July:

Like every month, one Saturday in June I met with the project worker and nine other Reach clients as part of the HOPE project. For this project we trained as peer mentors and for two years gave training to young people with learning disabilities to help them stay safe on the internet and in everyday life. We went to schools and colleges and gave training to professionals too.

August:

I went with my dad and Steve, Reach's Chief Executive, to a Lions' meeting to explain about Reach. At Reach Mansfield we did our Summer Show. A group of us did a dance and sang 'This is Me'. I was proud when my brother and dad came to watch.

September:

At Flower Pod we painted furniture, did flower-arranging and weeding. Flower Pod keeps you fit! But there are nice places to sit and be quiet if you like, like the gazebo. I like making confetti and seeing my friends at Flower Pod.

October:

I learnt new cookery skills at Reach Mansfield and we made healthy cheese biscuits. At Flower Pod I learnt about vegetables, digging, dead-heading, and

when to plant bulbs. We also measured a tree!

November:

The Lions got a special diabetes screening van to visit Reach Newark. Lots of clients, staff, volunteers and local people came to have a test. I am proud that Reach and the Lions worked together to help everyone be more healthy. We did lots of practising for the Reach Mansfield Christmas concert. Also, I went on the Winter holiday to Corton coastal village.



December:

Christmas time! We were busy making wreaths with volunteers at Flower Pod. Some of my friends helped sell wreaths at Southwell's Late Night Shopping. Students from Nottingham Trent University helped us too.

January:

Time to get fit! We went to the park with Women's group and tried out the adult fitness equipment. One day we did a long Winter walk. I learnt how to make a healthy shepherd's pie using sweet potato and beans to get more vitamins. Clients told Reach staff they wanted to learn more about safety so we did a fun first aid course at Flower Pod.

February:

In Southwell Women's Group we did mindfulness exercises. We decorated tree branches for Valentine's Day and talked

about the people and pets that we love. At Flower Pod we did lots of wheelbarrowing which gives you strong muscles!

March:

I practised for the Reach Mansfield Easter Show which was at the Create Theatre at West Notts College – it's good that we do our concerts in a real theatre. I started the 'Gardening through the Seasons' course at Flower Pod and helped plant a new tree in the White Garden. Julia, Reach's fundraiser, came to the Lions District Convention to tell them about Reach and my appeal – I was there too.

April:

Women's group went to Whisby Nature Reserve and Clumber Park. We made Easter Eggs to hang on a little tree in Reach's reception. I also did a one-to-one cookery session with a volunteer. We went shopping then made a meal together. Then I invited friends and family to have the meal with me.

May:

Me and other HOPE peer mentors got ready for the end of project conference in Birmingham. We were looking forward

to meeting people from Bulgaria and the South West of England who also did the project. HOPE finished in June but now there is a new project called the ROSE Project. As soon as I came back from Birmingham it was time to get ready for the Reach summer holiday - time to relax!

Steve, Laura's Dad says:

"Laura is now living an even more independent life and coming to Reach has helped her tremendously. She's gained so much by way of skills, friendship and confidence.

"She loves going on the Reach holidays. Apart from the sheer enjoyment of being away with friends it gives her and me a nice break. Having something exciting on the immediate horizon like the Reach holiday helps all concerned, knowing it will be enjoyed. A change is as good as a rest in our busy lives.

"The Lions in our district are delighted to have supported Reach Learning Disability. The ethos of both the Lions and Reach is very similar - to help those in our communities who need it most. Kindness Matters".



Laura playing crazy golf at Rufford, with Women's group

Staff Story

Amanda Ramsay

Lead Tutor



important, so I have recently been working with the management team to develop an impact measurement tool. This will enable us to record where we are making the greatest impact.

Working for Reach has been very interesting, the expectation is that the staff are involved in some of the charity events we run, and who wouldn't want to be! Not everyone can say that they've spent their weekend at a duck race, building a garden or giving out medals at a fun run, always promoting the amazing work of Reach.



When I moved to the Newark area I had made up my mind that I wouldn't be teaching for a while, I would concentrate on my passion for gardening and perhaps travel in my camper van but then I found Reach, or Reach found me!

From the moment I stepped into Reach Newark I knew I was hooked, visiting Flower Pod sealed the deal. It was the holistic, inclusive approach to each individual that struck me. Well three years on I am the lead tutor, I work across all the centres teaching sessions, mentoring the tutors and supporting the managers to run fun, informative sessions, always keeping the individual at the forefront. I enjoy being a contact for the tutors as sharing ideas is important to me.

The sessions that we run are in direct response to the learner's requests, enrichment courses are put on to accommodate the needs of the learners, they enable learners to experience the subject beforehand and give them the confidence to embrace change. Recording the impact of what we do is very



Enjoying the sun at Flower Pod

REACH HOLIDAYS

SUMMER 2018

"Katie gets very excited and can't wait for her weekend to go away and some independence and join all the activities. For us it's an opportunity to have a welcome break to get away, knowing we don't have to worry about Katie as the care is excellent."
Val, Katie's mum

WINTER 2018



We do lots of fun activities including archery, shooting, dancing



It's a great chance to enjoy time with friends



We love to visit the beach



Winter 2018 - 33 clients went to Corton, Suffolk



Summer 2018 - 38 clients went to Gunton Hall, Lowestoft

Structure, Governance and Management

Head Office and Delivery Premises

Reach's principal office is Prebend Passage, Southwell, Nottinghamshire (from 1st June 2014). This is also our Southwell day service centre. Our Reach Newark centre is based at Hawtonville Community, St Mary's Gardens, Newark. Reach Learning Disability Care CIC moved to our Hawtonville address during 2019. Our Reach Mansfield Centre operates at St John's Church Hall, St John's Street, Mansfield, Nottinghamshire. Flower Pod, our horticultural social enterprise and day service centre, operates at Home Farm, Brackenhurst Lane, Southwell, Nottinghamshire. In December 2018 we took over the freehold title of Springfield Bungalow, Southwell. In May 2019 we opened a community café at Coronation Street Playing Fields in Balderton - Reach Cafe CIC.

Purposes and Aims

Our charitable object is to provide support and services for people with learning disabilities (including those without a formal diagnosis, those with autism, brain damage and/or whose sensory and communication impairments present a similar barrier to quality of life as living with a learning disability) and their families and carers within a 50-mile radius of Southwell, Nottinghamshire.

Delivering Public Benefit

The trustees have due regard to the Charity Commission's public benefit guidance in the course of exercising powers or duties relevant to the guidance.

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the set aims and objectives.

Risk Management

The Trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The Senior Management Team (SMT) actively review the major operational and business risks which the charity face on a regular basis and establish systems to mitigate the significant risks. They report on a pre-agreed timescale to the Board of Trustees who actively engage with the SMT when considering the risk likelihood and impact. The organisation completes individual risk assessments in all areas of their work including specific fundraising events. Where risks have been identified, action is taken to minimise them, and insurance cover is arranged where available and considered prudent.

Reserves

It is the policy of the charity to maintain unrestricted free reserves at a level to provide sufficient funds to cover 3 months operating expenditure. The Trustees consider that the current level of free reserves is appropriate for the charity and they will regularly review the level of reserves held. Trustees have established a new Audit Committee to have oversight of our financial and sustainability policies. The Audit Committee will develop a new Reserves policy to meet the changing needs of the charity going forward.

Structure

On 1st April 2014 the charity's name was officially changed from Southwell Care Project to Reach Learning Disability. It is a company limited by guarantee without a share capital (company number 3724275), and also a registered charity (number 1076318). It is governed by its Memorandum and Articles of Association.

Structure, Governance and Management

Governance

The Company is administered by its Council of Management, the members of which are trustees for the purposes of Charity law and directors for the purposes of Company Law. Senior managers report to Trustees on performance against yearly targets at quarterly Trustee meetings. These meetings are supplemented by focussed meetings for all Trustees in areas such as finance and strategy every year. Further review and planning also takes place at Strategy and Audit meetings with designated trustees and the Senior Management Team. Organisational aims and objectives are reviewed every three years by Trustees and Senior Management team incorporating feedback from all staff, clients, family carers, volunteers and professional contacts.

The Company has two wholly owned subsidiary companies: Reach Learning Disability Care CIC (company number 7619886) and Reach Cafe CIC (company number 11915426). Directors of our Community Interest Companies meet four times a year respectively.

Attendance at all Board meetings is excellent. We take great care that the membership of the Board comprises a good mix of the skills required to steer the organisation together with an adequate representation of parents of people with learning disabilities. Five of our Trustees have been on the Board for more than nine years. We have taken steps in the last two years to replenish our Board. Long-serving Trustees have been retained in order to i) ensure the charity continues to gain from their strong community links which benefit all our work including progression towards our original aim of establishing accommodation provision in Southwell ii) allow for newer Trustees to be guided and supported by those with years of experience of the issues facing clients and families. In recent years we have taken on new Trustees with a wide professional and social care skill set complementing the knowledge of our longer-serving Trustees.

Directors' Responsibilities

Company and Charity Law requires the Council to prepare statements for each financial period, which give a true and fair state of the affairs of the company and of the profit or loss of the company for that period. In preparing those financial statements, the Council are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP
- make judgements and estimates that are reasonable and prudent
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Council are responsible for keeping proper accounting records which disclose at any time the financial position of the company and its subsidiary and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and of the group and hence for taking reasonable steps for the prevention and detections of fraud and other irregularities.

Signed on behalf of the Council.



David Thompson - Chair

Officers of Reach Learning Disability

Council of Management

David Thompson FCA - Chair

Formerly Deputy Chief Executive and Finance Director of The Boots Co plc and Non-executive Director of Cadbury Schweppes plc. Formerly Chairman of Nottingham Building Society. Currently Trustee of the Boots Pension Fund. Formerly Chairman of The Nottingham Healthy Living Centre. Father of a son with learning disabilities.

Nick Turner - Deputy Chair

Retired local businessman. Member of Southwell Lions. Verger at Southwell Minster.

Bob Gardner (Appointed 28th January 2019)

Retired chartered accountant. Most of career spent with three UK public companies in senior roles in finance, business development and general management. Father of a daughter who had profound and multiple disabilities.

Madeline Oliver

Former Radiographer. Mother of a son with learning disabilities.

Keith Harding

Former Operations and Marketing Executive of The Boots Co plc. Father of a daughter with learning disabilities.

Michael Davidson

Former Head of Humanities and Religious Education Teacher at Magnus School

Pati Colman

Independent Investigator of Complaints and Employment Matters. Former Complaints Manager, Training Officer and Social Worker for Notts County Council. Chair of the Westgate Group for people with disabilities and their families.

Julie Payne

Founder member of Westgate Group. 20 year foster carer, former chair roles at local school and Family Care adoption panel. Parent of three sons, one with a physical disability, adoptive parent to two disabled daughters and "mum" to S, who also has disabilities.

Rachel Lannon

Independent Corporate Business Consultant and Trainer with over 10 years' experience of supporting multi-national companies and statutory bodies to improve capabilities and capacity. Former Global Procurement and Operations Manager at Kodak Ltd. Former JP.

Adrian Hartley (Appointed 30th July 2018)

Member of the Nottinghamshire's Learning Disability and Autism Partnership Board, Expert by Experience working with CQC inspectors. Former Health and Social Care Assessor with Tempest Management Training. Father of a son with complex needs.

Daphne Hughes - Resigned 29th October 2018

Ann Best - Resigned 29th October 2018

Adam McQuilkin DipM MCIM – Resigned 1st March 2019

Senior Paid Officers

Stephen Shatwell	Chief Executive	Full time
Julia Sandhu	Director of Income Generation	Full time
Alison Hall	Business Operations Director	Full time
Sharon Card	Finance and Administration Director	Full time

Company Particulars

Registered Office	Prebend Passage Southwell Nottinghamshire NG25 0JH
Registered Number	3724275
Charity Number	1076318
Secretary	Mr Michael Oliver
Principal Address	Prebend Passage Southwell Nottinghamshire NG25 0JH
Auditor	Beeley Hawley & Co Ltd 44 Nottingham Road Mansfield Nottinghamshire NG18 1BL
Bankers	CAF Bank Ltd 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ
Solicitors	Browne Jacobson Mowbray House Castle Meadow Road Nottingham NG2 1BJ
Website	www.reachuk.org

Report of the Independent Auditors to the members of Reach Learning Disability

We have audited the financial statements of Reach Learning Disability for the year ended 31 March 2019 on pages 37 to 48. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of council and auditors

As explained more fully in the Directors' Responsibilities set out on page 32, the Council (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's Ethical Standards for Auditors.

Scope of the audit of the financial statements

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable

assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the charitable company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the council; and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information in the Report of the Council to identify material inconsistencies with the audited financial statements. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

Opinion on financial statements

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2019 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Opinion on other matters prescribed by the Companies Act 2006

In our opinion the information given in the Report of the Council for the financial year for which the financial statements are prepared is consistent with the financial statements.

Report of the Independent Auditors to the Members of Reach Learning Disability

Matters in which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of council' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the Council were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies exemption in preparing the Report of the Council.



Ray Callingham (Senior Statutory Auditor)
for and on behalf of Beeley Hawley & Co. Ltd
Chartered Accountants
Statutory Auditors
44 Nottingham Road
Mansfield
Nottinghamshire
NG18 1BL

Date:25th October 2019.....

Statement of Group Financial Activities for the Year Ended 31st March 2019

		Unrestricted	Restricted	2019	2018
		£	£	Total	Total
				£	£
Income from:					
	Notes				
Donations & Legacies	3	78,543	187,584	266,127	175,427
Charitable Activities	4	1,706,909	118,535	1,825,444	1,684,666
Other Trading Activities	5	44,450		44,450	54,152
Investments		199		199	
Total		1,830,101	306,119	2,136,220	1,914,245
Expenditure on:	7				
Raising Funds		115,713		115,713	107,904
Charitable Activities		1,707,065	302,385	2,009,450	1,823,557
Governance costs		9,968		9,968	9,774
Total resources used		1,832,746	302,385	2,135,131	1,941,235
Net incoming /(outgoing) resources.		(2,645)	3,734	1,089	(26,990)
Total funds brought forward as previously stated		468,356	14,603	482,959	509,949
Funds carried forward		465,711	18,337	484,048	482,959

The above statement also serves as the Company's Income & Expenditure Account and the net incoming resources for the year is the excess of income over expenditure. There have been no other recognised gains or losses in the year.

Balance Sheet as 31st March 2019

	Notes	Group 2019 £	Group 2018 £	Charity 2019 £	Charity 2018 £
Fixed Assets					
Tangible Fixed Assets	10	176,386	189,431	174,653	187,286
Investment in Subsidiary Co.	6			30,000	30,000
Loan	11	25,000	25,000	25,000	25,000
		<u>201,386</u>	<u>214,431</u>	<u>229,653</u>	<u>242,286</u>
Current Assets					
Bank balances		190,515	166,321	171,849	114,786
Debtors	12	210,312	186,129	142,585	163,534
		<u>400,827</u>	<u>352,450</u>	<u>314,434</u>	<u>278,320</u>
Creditors - amounts falling due within one year	13	118,165	83,922	60,576	38,596
		<u>282,662</u>	<u>268,528</u>	<u>253,858</u>	<u>239,724</u>
Net current assets		<u>484,048</u>	<u>482,959</u>	<u>483,511</u>	<u>482,010</u>
Net Assets		<u>484,048</u>	<u>482,959</u>	<u>483,511</u>	<u>482,010</u>
Represented by:-	16				
Unrestricted Funds					
General Fund		465,711	468,356	465,174	467,407
Restricted Funds					
		18,337	14,603	18,337	14,603
Total Funds Carried Forward		<u>484,048</u>	<u>482,959</u>	<u>483,511</u>	<u>482,010</u>

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies.

The financial statements were approved by the Council of Management on 25th October 2019 and were signed on behalf by:



David Thompson - Chair

Statement of Group Cash Flows and Statement of Charity Cash Flows for the Year Ended 31st March 2019

	Group 2019 £	Group 2018 £	Charity 2019 £	Charity 2018 £
Cash provided by (used in) operating activities	<u>24,559</u>	<u>(61,095)</u>	<u>57,177</u>	<u>(44,310)</u>
Cash flows from investing activities				
purchase of fixed assets	(166)	-	-	-
interest received	(199)	-	(114)	-
	<u>(365)</u>	<u>-</u>	<u>(114)</u>	<u>-</u>
Cash provided by (used in) investing activities				
Change in cash and cash equivalents in the year	24,194	(61,095)	57,063	(44,310)
Cash and cash equivalents at the beginning of the year	166,321	227,416	114,786	159,096
	<u>190,515</u>	<u>166,321</u>	<u>171,849</u>	<u>114,786</u>
Cash and cash equivalents at the end of the year	<u>190,515</u>	<u>166,321</u>	<u>171,849</u>	<u>114,786</u>

1 Reconciliation of net movement in funds to net cash flow from operating activities

	Group 2019 £	Group 2018 £	Charity 2019 £	Charity 2018 £
Net movement in funds (as per the statement of financial activities)	1,089	(26,990)	1,501	(27,199)
Adjustments for:				
Depreciation	13,211	13,347	12,633	12,633
Interest received	199	-	114	-
Decrease (increase) in debtors	(24,183)	(54,880)	20,949	(28,045)
Increase (decrease) in creditors	34,243	7,428	21,980	(1,699)
	<u>24,559</u>	<u>(61,095)</u>	<u>57,177</u>	<u>(44,310)</u>
Net cash provided by (used in) operating activities	<u>24,559</u>	<u>(61,095)</u>	<u>57,177</u>	<u>(44,310)</u>

Notes to the Financial Statements for the Year Ended 31st March 2019

1. Accounting Policies

Accounting convention

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Group financial statements

The financial statements consolidate the results of the charity and its wholly owned subsidiary Reach Learning Disability Care CIC on a line by line basis. A separate Statement of Financial Activities, and income and expenditure account, for the charity itself are not presented because the charity has taken advantage of the exemptions afforded by section 408 of the Companies Act 2006 and paragraph 397 of the SORP.

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources.

Governance costs

Governance costs include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and Trustees' meetings and reimbursed expenses. Such costs include both direct and allocated support costs.

Allocation and apportionment of costs

In accordance with the Charities SORP, expenditure has been analysed between the cost of generating funds, charitable activities and governance. Items of expenditure which involve more than one cost category have been apportioned on a reasonable, justifiable and consistent basis for the cost category concerned.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

All the resources of the Company are either unrestricted funds expendable at the discretion of the Council in the furtherance of the objects of the Company, or restricted funds which are to be used in accordance with restrictions imposed by the donors.

Notes to the Financial Statements - Continued

2. Financial Performances of the Charity

The consolidated statement of financial activities includes the results of the charity's wholly owned subsidiary Reach Learning Disability Care CIC

The summary financial performance of the charity alone is:-

	2019	2018
	£	£
Incoming resources	882,109	757,319
Gift aid from subsidiary company	69,572	44,805
	<u>951,681</u>	<u>802,124</u>
Expenditure on charitable activities	940,212	819,549
Governance costs	9,968	9,774
	<u>950,180</u>	<u>829,323</u>
Net incoming/(outgoing) resources	1,501	(27,199)
Total funds brought forward	482,010	509,209
Total funds carried forward	<u><u>483,511</u></u>	<u><u>482,010</u></u>
Represented by		
Restricted funds	18,337	14,603
Unrestricted funds	465,174	467,407
	<u><u>483,511</u></u>	<u><u>482,010</u></u>

Notes to the Financial Statement - Continued

3. Donations and Legacies

	2019 Unrestricted £	2019 Restricted £	2018 £
Impact Management Programme (a)		47,896	
Co-op Local Community Fund - Community Involvement Southwell			6,050
Co-op Local Community Fund - Flower Pod Outdoor Life		14,479	788
Nottinghamshire County Council Grant Aid		4,375	13,125
Nottinghamshire County Council Local Improvement Scheme		7,000	
The Jones 1986 Charitable Trust	10,000		
National Grid Community Grant Programme		10,000	
Candis Magazine (Big Give Christmas Challenge Champion)		10,000	
Co-op Foundation - Building Connections Fund - Community Spaces		9,987	
National Lottery Community Fund - Awards For All		9,383	
Sport England (CSAF) (b)		8,917	8,917
Sport England - Small Grants Scheme (c)		9,990	
The Lady Hind Trust		7,500	
The Finnis Scott Foundation		5,000	4,000
JN Derbyshire Charitable Trust		5,000	
Santander Foundation		4,985	
The Thomas Farr Charity			20,000
The Baily Thomas Charitable Fund			20,000
Local Sustainability Fund			5,320
The Reed Foundation (Big Give Christmas Challenge Champion)			5,000
Community Donations & Small Charitable Trusts	61,568	3,000	61,693
Big Give Christmas Challenge Donations & Pledges		30,072	24,401
Tax refunds	6,975		6,133
	78,543	187,584	175,427

(a) Impact Management Programme - Funding to develop our impact management processes

(b) Funding our Mansfield Active Me project

(c) Cross charity sports project, delivered in partnership with YMCA Notts

4. Charitable Activities

	2019 Unrestricted £	2019 Restricted £	2018 £
Reach Learning Disability Care CIC Income	1,254,026		1,156,926
Personal Budgets	375,301		331,922
Inspire Learning	-	118,535	102,588
Short break holidays & trips	28,803		35,687
Bulwell Academy Partnership	-		4,168
Activities less £2,000	17,543		20,833
Flower Sales	14,792		20,679
Room Hire / Workshops	12,340		6,408
Tours & Talks	4,104		5,455
	1,706,909	118,535	1,684,666

Notes to the Financial Statements - Continued

5. Other Trading Activities

	2019 £	2018 £
Mansfield 10K Event	33,713	41,089
Reach Off Road Event	7,132	9,297
Autumn Tints Event	-	3,766
Santa Run Event	3,605	-
	44,450	54,152

6. Commercial Trading Operations

The wholly owned trading subsidiary Reach Learning Disability Care CIC is incorporated in the United Kingdom and pays all of its profits to the charity by gift aid. Reach Learning Disability Care CIC provides domiciliary care for adults with learning disabilities in Nottinghamshire. The charity owns the entire share capital of thirty thousand ordinary £1 shares.

The summary financial performance of the subsidiary alone is:

	2019 £	2018 £
Turnover	1,254,026	1,156,926
Investment income	85	-
Cost of sales and administrative costs	1,184,951	1,111,912
Net profit/(loss)	69,160	45,014
Amount gift aided to the charity	69,572	44,805
Retained in subsidiary	(412)	209
The assets and liabilities of the subsidiary were:		
Fixed assets	1,733	2,145
Current assets	155,965	179,932
Current liabilities	(127,161)	(151,128)
Total net liabilities	30,537	30,949
Aggregate share capital and reserves	30,537	30,949

Notes to the Financial Statement - Continued

7. Expenditure Analysed by Purpose

	Costs of raising funds	Charitable activities	Governance costs	Total 2019	Total 2018
	£	£	£	£	£
Salaries, pensions & N.I.	80,199	593,948	7,968	682,115	610,552
Contract labour/IT services		7,760		7,760	7,667
Advertising	292	2,802		3,094	3,592
Training costs		1,541		1,541	2,401
Travelling	340	7,687		8,027	3,033
Rent & services		41,762		41,762	38,941
Maintenance & cleaning		18,475		18,475	17,787
Insurance		1,349		1,349	1,908
Office equipment & repairs		12,098		12,098	7,161
Printing, post & stationery	67	1,060		1,127	1,296
Telephone/internet	1,104	10,394		11,498	5,253
Web site costs		9,306		9,306	7,665
Software & subscriptions	4,283	5,553		9,836	6,385
Professional charges		33,554		33,554	1,728
Audit fee		-	2,000	2,000	2,000
DBS checks	88	528		616	466
Depreciation of fixed assets		12,633		12,633	12,633
Short break holidays & trips		22,797		22,797	30,008
Clients activities		27,576		27,576	28,198
Cost of charitable activities				0	0
Clients flower growing activities		4,708		4,708	6,061
Tutor fees		3,434		3,434	3,318
Direct costs of Fund Raising Events	29,340	2,061		31,401	29,324
Bank charges		1,450		1,450	1,341
Other costs		2,023		2,023	605
Commercial trading operations		1,184,951		1,184,951	1,111,912
	<u>115,713</u>	<u>2,009,450</u>	<u>9,968</u>	<u>2,135,131</u>	<u>1,941,235</u>

The heading Salaries, Pensions & NI includes £46,185 in respect of employer's NI
Professional charges for the year were in respect of the Impact Management Programme funding.

8. Net Incoming / Outgoing Resources

Net incoming resources are stated after charging:

	2019 £	2018 £
Depreciation	12,633	12,633
Auditors remuneration	2,000	2,000
	<u>14,633</u>	<u>14,633</u>

9. Staff Numbers

The average number of employees throughout the year was as follows

	2019	2018
Management and administration	12	12
Service delivery	81	85
	<u>93</u>	<u>97</u>

No employee, this year or last, had emoluments exceeding £60,000 per annum

10. Fixed Assets - Group

	Office Equipment	Other Equipment	Alterations to leasehold premises	Flower Pod	Total 2019	Total 2018
	£	£	£	£	£	£
Cost brought forward	41,992	11,756	56,855	206,947	317,550	317,550
Additions during year	166				166	-
Cost carried forward	<u>42,158</u>	<u>11,756</u>	<u>56,855</u>	<u>206,947</u>	<u>317,716</u>	<u>317,550</u>
Depreciation						
Brought forward	39,290	11,668	30,598	46,563	128,119	114,772
Charge for year	1,201	22	1,641	10,347	13,211	13,347
Carried forward	<u>40,491</u>	<u>11,690</u>	<u>32,239</u>	<u>56,910</u>	<u>141,330</u>	<u>128,119</u>
Net Book Value						
At 31st March 2019	<u>1,667</u>	<u>66</u>	<u>24,616</u>	<u>150,037</u>	<u>176,386</u>	<u>189,431</u>
At 31st March 2018	<u>2,702</u>	<u>88</u>	<u>26,257</u>	<u>160,384</u>	<u>189,431</u>	

Notes to the Financial Statement - Continued

11. Loan

A loan was made to Golden Lane Housing Ltd, to assist them in the purchase of 33 Silvey Avenue Southwell, which is used by adults with learning disabilities. It is secured by a second charge on the property, is interest free and only repayable in the event of the sale or cessation of use of the property by people with learning disabilities.

12. Debtors

	Group 2019 £	Group 2018 £	Charity 2019 £	Charity 2018 £
Reach Learning Disability CIC trade debtors	132,693	122,056	-	-
Inspire Learning	31,430	35,587	31,430	35,587
Personal budgets	26,696	13,582	26,696	13,582
Taxation recoverable	6,974	4,974	6,974	4,974
Others	12,519	9,930	7,913	3,589
Reach Learning Disability CIC donation	-	-	69,572	44,805
Amount owed by subsidiary company	-	-	-	60,997
	<u>210,312</u>	<u>186,129</u>	<u>142,585</u>	<u>163,534</u>

13. Creditors

	Group 2019 £	Group 2018 £	Charity 2019 £	Charity 2018 £
Expense accruals	66,948	31,222	27,852	2,000
Sundry creditors	10,632	15,764	10,632	15,764
Trade creditors	9,110	9,700	8,757	9,618
PAYE	28,951	26,456	12,527	11,009
Pensions	2,524	780	808	205
	<u>118,165</u>	<u>83,922</u>	<u>60,576</u>	<u>38,596</u>

Notes to the Financial Statement - Continued

14. Operating Lease Commitments

At 31 March 2019 the Organisation was committed to making the payment of £18,500 during the next year in respect of an operating lease expiring in 2035.

15. Payments to Trustees

No expenses were paid to Trustees throughout the year

16. Movement in Funds

	At 1.4.2018 £	Net movement in funds £	At 31.3.19 £
Unrestricted Funds			
General Fund	468,356	(2,645)	465,771
Restricted Funds	14,603	3,734	18,337
	<u>482,959</u>	<u>1,089</u>	<u>484,048</u>

Net movement in funds included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted Funds			
General Fund	1,830,101	(1,832,746)	(2645)
Restricted Funds	306,119	(302,385)	3,734
	<u>2,136,220</u>	<u>(2,135,131)</u>	<u>1,089</u>

Notes to the Financial Statement - Continued

17. Analysis of Funds

	General Fund £	Restricted Fund £	Total £
Tangible Fixed Assets	176,386	-	176,386
Loan	25,000	-	25,000
Cash at Bank and in Hand	172,178	18,337	190,515
Debtors	210,312	-	210,312
Creditors	(118,165)	-	(118,165)
	<u>465,711</u>	<u>18,337</u>	<u>484,048</u>

18. Accommodation

On 19 December 2018, Reach Learning Disability took possession of the Freehold Title of the property, Springfield Bungalow, Halloughton Road, Southwell upon which we plan to build a facility to accommodate 12 adults with learning disabilities. At this current time, the property is subject to an encumbrance by virtue of a Section 106 agreement which will be released once the aforementioned property has been built and is occupied. In our opinion, the value of this encumbrance equates to the open market value of the property as it stands and therefore, at this stage, no asset value is recognised on the Balance Sheet.

Thanks to our Supporters

Aarsleff	Norwood Park Golf Club
Actons Solicitors	Nottingham Civic Society
Alfresco Café	Nottingham Flower Club
Andrew Spybey & Associates	Nottingham Trent University
Andy Swain and Bleasby Bikers	Nottinghamshire County Council - Local Improvement Scheme
Art Fund Leicestershire & Rutland Branch	Oakmere Park Golf Club
ASDA Newark	Orchard School
Bakkavor Desserts	Pat & Jed Southgate - Deerstock Music Festival
Balderton Parish Council	Pat Dean and Sue Powell
Barclays	Patients 4 Patients
Beeley Hawley	Pinders Opticians and their fantastic staff
Bingham Gardening Club	Prime Print Newark
Boots	Radcliffe Methodist Church, Ladies Tuesday Group
Botolph & St John the Baptist Church, Croxton	Real Clothing
Kerrial	Ridgeway Marketing
Bramley Newspaper	Robin Hood Lottery Community Fund
Burton Joyce Luncheon Club	Rock Choir
BYG Systems Limited	Rolleston Coffee Morning
Candis Magazine	Sainsbury's Store (Balderton)
Cardzone	Saint Gobain Formula Newark
Charity Car	Skegby Methodist Church
Co-op Foundation – Building Connections Fund – Community Spaces	Slimming World
Duncan & Toplis	Southwell & District Lions Club
Edwinstowe & The Dukeries Lions Club	Southwell Bridge Club
Feeling Peckish	Southwell Diocese
Friends of Reach Newark	Southwell Gardening Club
Gascoines	Southwell Golf Club Captains' Chosen Charity
Geoffrey Bond	Southwell Life
Girls from Cantamus Choir	Southwell Minster
Harbour Master Cafe, Newark	Southwell Racecourse
Hawtonville Methodist Church	Southwell Scouts
Heartwood Tree Care	Sport England - Community Sport Activation Fund
Hy-Ram Engineering	Sport England - Small Grants Scheme
Impact Management Programme	Staythorpe Power Station
JN Derbyshire Trust	Stray's Bookshop
Learning Disability Carers' Network	Sullivan's Sword
Lombard Medical Centre	Sweets of Southwell
Lowes Wong Junior School	Tallents Solicitors (Newark)
Mansfield District Council	Tarmac
Marks & Spencer Newark	Tesco Express Balderton
Marks & Spencer Southwell	Tesco Jubilee Way
Minster Lodge (Freemasons)	The Co-op Local Community Fund
Morrisons	The Finnis Scott Foundation
National Grid Community Grant Programme	The Jones 1986 Charitable Trust
Newark & Sherwood District Council	The Lady Hind Trust
Newark Parkrun	
North Notts Lions	

The Minster School
 The National Lottery Community Fund Awards for All
 The Santander Foundation
 The Thomas Farr Charity
 TK Maxx (Lincoln)
 Upton Cricket Club
 Vale of Belvoir Rotary Club
 Viking Challenge
 Wellow Maypole Celebration

Partners

Advocacy 2 Engagement
 Inspire
 Perfect Motion
 Portakabin

Supporters



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Nottingham Trent University CSR Volunteering Day



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